



熱誠醫護團隊 改變建造業界吸煙傳統

為保障建築業從業員健康，金門建築有限公司（下稱「金門建築」）自2011年起推行無煙政策，安排專業註冊護士定期走訪工地，了解前線員工的吸煙習慣，並參與九龍樂善堂「愛·無煙」前線企業員工戒煙計劃，舉辦逾一千場健康講座及活動，每年亦舉辦大型社區同樂日，藉以宣揚無煙生活的好處，除榮獲金獎外，同時獲評審團特別頒發「傑出無煙社區參與大獎」。

金門建築有限公司人力資源董事龐燕妮表示，「公司特別關注危害工作安全及職業健康的一切因素包括吸煙，故於工地積極建立無煙文化。」金門建築從員工角度出發制定貼心的無煙政策，除組成一隊駐公司及工地的醫護團隊，走到工地為前線員工進行免費身體檢查外，亦根據行業特性構思一系列無煙推廣，並與戒煙服務機構合作，以尋求更佳方案積極減少吸煙員工人數。

雙語無煙資訊 形象化助認清煙害

龐燕妮表示，「工友過往較少機會接受無煙教育，因此公司於工地顯眼位置設置具警剔性的煙害立體模型展覽，幫助他們認清煙草禍害。」相比以文字列出因吸煙引致之致命疾病，金門建築認為以圖象立體化的表達方式更能讓員工掌握吸煙如何損害身體各個器官。公司亦於工地內的公眾通道設置電視螢幕，定期播放煙害

我們沒有單一的無煙政策，會不停步地嘗試每個方法，以切合員工需要。

We never stop trying every mean to tailor smoke-free policies and cater for our employees.

龐燕妮
Jenny PONG



▶ 註冊護士走訪工地為工友及承辦商員工提供身體檢查及健康資訊。
Registered nurses provided health checks and quit tips to workers and contractors at the sites.

金獎及傑出無煙社區參與大獎 Gold Award & Outstanding Smoke-free Community Involvement Award

資訊短片，更自家創作具趣味性的動畫，勸喻員工儘早戒煙。她提到，「現時有不少南亞裔人士加入香港建造行業，醫護團隊非常細心，於動畫及無煙推廣中加入英語，輔助他們有效取得無煙信息。」



▶ 金門建築於工地當眼處擺放煙害立體模型，讓員工了解吸煙的禍害。
Alarming 3D demonstration of damaged organs was exhibited at the construction site.

為確保工地安全及減少員工吸煙，金門建築於工地出入口處設置煙包儲物箱，讓工友進入地盤前暫存煙草產品及打火機，待休息或離開時才能取回。

此外，金門建築推出《賞你戒煙》獎勵計劃，誘使員工踏出戒煙第一步，安排參與員工接受戒煙服務機構的戒煙輔導，若於一年內完成各項戒煙目標，則可獲獎勵作嘉許。若此計劃推行成功，將擴展至其他工地，期望惠及更多員工。

於社區推廣無煙文化 教育下一代

金門建築關心員工健康，並致力向社會大眾宣揚無煙生活的重要性，每年舉辦「金門家庭同樂日」予員工、承辦商及其家屬參與，設置推廣健康生活的攤位遊戲，參與人數超過3,500人。龐燕妮認為，「我們肩負使命，希望透過家人渠道將無煙信息帶回家，並從小教育下一代，知道吸煙的害處。」公司亦邀請控煙團體及戒煙服務機構擺放資訊攤位，向參加者灌輸無煙信息。

龐燕妮指出，「現時新興煙草產品款式多，故協助員工戒煙需嘗試不同的新方法。我們深信只有健康的工作環境，才能提升員工的工作效率。」金門建築視香港為基地，將貫徹理念，將無煙文化繼續推廣予承辦商及社會各持分者。



▶ 「金門家庭同樂日」設有攤位遊戲，宣揚無煙信息。
Smoke-free messages were disseminated through game booths in Gammon Family Fun Day.

公司簡介

金門建築有限公司是大型建築承建商，現時擁有10,000名員工，自1950年代起植根香港，業務遍佈亞洲各國，負責的基建重點項目包括發電廠、赤鱘角機場、地下鐵路等。

Gammon Construction Limited

A dedicated healthcare team discourages smoking in construction industry

Gammon Construction Limited ("Gammon") is committed to promoting the importance of safety and health among construction workers. A dedicated healthcare team comprised of registered nurses visits the sites regularly to understand the smoking habits and conduct health checks with an aim to reduce smoking rate since 2011. In collaboration with The Lok Sin Tong Benevolent Society, Kowloon, over 1,000 health talks and activities were organized. The company received both the Gold Award and the Outstanding Smoke-free Community Involvement Award.

Jenny PONG, Director of Human Resources, highlighted that construction workers seldom had the chance to acquire knowledge on tobacco harms in the past. Alarming 3D demonstrations of damaged organs were exhibited at the site

to visualize the smoking effects. The company also constantly broadcasts videos and animations on smoking hazards to raise employees' awareness. "Many South Asians have joined the industry nowadays, so the healthcare team added English subtitles for the videos to spread the messages effectively." she said.

To motivate more smokers to kick the habit, Gammon has launched a reward program and set different goals for the quitters to achieve in one year. The company also organizes a Family Fun Day every year to promote the benefits of healthy lifestyles and develop a positive smoke-free attitude among youngsters to over 3,500 employees, contractors as well as their families. Hong Kong is the home base of Gammon and the company will pursue its mission to lead the industry to build a smoke-free culture.